

Pediatric First Aid Kit Checklist
(2yrs – 17 yrs old)

| Basic Item | Quantity on Hand | Expiration Date |
|--|------------------------------------|---|
| Acetaminophen liquid (Children's Tylenol)* | 1 bottle | |
| Ibuprofen liquid (Children's Advil) | 1 bottle | |
| Antihistamine (fexofenadine 30mg tablets/liquid) or (diphenhydramine liquid or fast melt tablets) | 1 bottle | |
| Pseudophedrine liquid (Children's Sudafed) | 1 bottle | |
| Cough Syrup/Cough suppressant (Robitussin) | 1 bottle | |
| <i>Pediatric Epinephrine Auto-Injector, if you or anyone in your household has severe allergies</i> | <i>2 – Expiration Date:</i> | <i><u>Valid Expiration Date</u> is vital for these products to ensure proper emergency response when needed!</i> |

As with all pediatric OTC (over-the-counter) medications, read label for proper dosing and frequency of dosing for the child. If the child is under the age of 2 years old, make sure to consult a physician or other healthcare provider such as a pharmacist to ensure the proper dosing and frequency.

*Hypothermia can happen very quickly with children. Ensure that you **ALWAYS** follow the proper dosing on acetaminophen (Tylenol). Too much or toxicity of this medication can cause hypothermia in children.

It is always important to remember to make sure that if a child is on any regularly prescribed medication (including OTC medications) given by a physician, make sure the above listed items are not contraindicated. If in doubt, call 9-1-1 emergency operator.